

# Christina School District

## MIDDLE SCHOOLS, NETWORKS, SPA MENU

### MAY 2025

**MAY FEATURES DELAWARE GROWN  
ASPARAGUS AND STRAWBERRIES FROM  
FIFER ORCHARDS**

**ASPARAGUS-5/9**

**STRAWBERRY WEEK 5/20-5/22**



**Monday, May 5**

**Breakfast**

Cinnamon Crumb Loaf  
(V/H)

**Lunch**

Chicken & Cheese  
Quesadilla  
Golden Corn  
Craisins



**Monday, May 12**

**Breakfast**

Assorted Muffins(V/H)

**Lunch**

Cheesy  
Breadsticks(V/H)  
Steamed Carrots  
Fruit Icy

**Tuesday, May 6**

**Breakfast**

Mini French Toast (V/H)

**Lunch**

Chicken Patty Sandwich  
Steamed Carrots  
Mixed Fruit Cup

**Tuesday, May 13**

**Breakfast**

Mini Breakfast  
Bites(V/H)

**Lunch**

Popcorn Chicken with  
Goldfish Crackers  
Steamed Peas  
Warm Apple Slices  
**NATIONAL HUMMUS**  
DAY-try hummus today!



**Wednesday, May 7**

**Breakfast**

Piggletstick

**Lunch**

Season's Pizza  
Mixed Vegetables  
Side Garden Salad  
Chilled Pears

**Wednesday, May 14**

**Breakfast**

Mini Bagels & Waffle  
Snaps(V/H)

**Lunch**

Season's Pizza  
Buffalo Cauliflower  
Chilled Pineapple

**Thursday, May 1**

**Breakfast**

Mini Pancakes (V/H)

**Lunch**

French Toast Sticks  
with Chicken Sausage  
& Yogurt  
Cinnamon Sweet  
Potato Fries  
Peach Cup

**Thursday, May 8**

**Breakfast**

Donut Holes(V/H)

**Lunch**

Chicken Teriyaki  
Potstickers  
Mixed Vegetables  
Pineapple & Mandarin  
Oranges

**Thursday, May 15**

**Breakfast**

Cereal Blast  
Waffles(V/H)

**Lunch**

Rotini with Meat Sauce  
& Dinner Roll  
Steamed Broccoli  
Side Garden Salad  
Mixed Fruit Cup

**Friday, May 2**

**Breakfast**

French Toast  
Sticks(V/H)

**Lunch**

Cheesesteak Sandwich  
Cheesy Broccoli  
Applesauce Cup  
**SCHOOL LUNCH**  
**HERO DAY!**

**Friday, May 9**

**Breakfast**

Froot Loop  
Waffles(V/H)

**Lunch**

Fish Filet  
Sandwich(V/H)  
Old Bay Fries  
**ROASTED ASPARAGUS**  
**FROM FIFER ORCHARDS**  
Peach Cup

**Friday, May 16**

**National BBQ DAY**

**Breakfast**

Mini Cinnis(V/H)

**Lunch**

Cheeseburger on Bun  
Hot Dog on Bun  
Baked Beans  
Dried Cherries  
Ice Cream Cup



**SCHOOL NUTRITION  
EMPLOYEE SUPERHERO**



**DAY!**

**MAY 2ND**

**DON'T FORGET TO THANK  
YOUR CAFETERIA STAFF  
FOR ALL THE HARD  
WORK THEY DO  
EVERYDAY!**



**The Power of Asparagus**



**Try it on May 9th!**  
**Nutritional Superstar,**  
**loaded with:**  
**High Folate**  
**Vitamin K**  
**Antioxidants**  
**(like Vitamin C and E)**  
**Fiber for Digestive Health**  
**Low in Calories, Big on**  
**Nutrients**



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## MIDDLE SCHOOLS, NETWORKS, SPA MENU

### MAY 2025

 **BERRY SWEET** 

TRY STRAWBERRIES FROM FIFER ORCHARDS WEEK OF MAY 20-22

THE POWER OF STRAWBERRIES

NUTRIENT-RICH AND DELICIOUS, PACKED WITH:

VITAMIN C FOR IMMUNITY

ANTIOXIDANTS FOR CELL PROTECTION

FIBER FOR DIGESTIVE HEALTH

LOW IN CALORIES, BIG IN FLAVOR

Monday, May 19

Breakfast

Breakfast Breads(V/H)

Lunch

Chicken Nuggets with  
Cheez-It Crackers  
Mixed Vegetables  
Raisins

Tuesday, May 20

Breakfast

Glazed Pull Apart  
Donut(V/H)

Lunch

Egg & Cheese on  
Croissant  
Tater Tots

**Fresh Strawberries &  
Oranges**

Wednesday, May 21

Breakfast

Strawberry & Sweet  
Cream Turnover (V/H)

Lunch

Season's Pizza  
**Strawberry** Chicken  
Salad  
Steamed Carrots  
Applesauce Cup

Thursday, May 22

Breakfast

French Toast  
Sticks(V/H)

Lunch

Meatball Sub  
Cinnamon Sweet Potato  
Fries  
Side Garden Salad  
Fresh Fruit &  
**Strawberry** Medley

Friday, May 23

NO  
School  
Today

Monday, May 26



Tuesday, May 27

Breakfast

Cereal (V/H)

Lunch

Chicken Tenders with  
Fritos  
Steamed Carrots  
Applesauce Cup

Wednesday, May 28

Breakfast

Piggletstick

Lunch

Season's Pizza  
Mixed Vegetables  
Peach Cup

Thursday, May 29

Breakfast

Donut Holes(V/H)

Lunch

Soft Turkey Tacos  
Golden Corn  
Mexi Fiesta Salad  
Fruit Icy

Friday, May 30

Breakfast

Manager's Choice  
Entrée

Lunch

Manager's Choice  
(Contact your school  
cafeteria for more  
information!)

AVAILABLE DAILY

Breakfast

Cereal/Cereal Bar (V/H)  
Poptarts  
Yogurt Parfaits  
(Tuesdays/Thursdays)  
Eggo Graham Bites(V/H)  
100% Juice  
Assorted Fruit  
Milk

Lunch

PBJ Meal (V/H)  
Grab and Go Entrees  
Dairy Lunchable (V/H)  
Assorted Salads  
Deli Subs  
Assorted Fresh Fruit  
Carroteenies  
Fresh Veggie Cup  
Assorted Hummus  
Milk

\*V=Vegetarian

\*H=Halal Approved