



**ChristianaCare**  
**SCHOOL-BASED HEALTH CENTER**  
 Newark High School  
 750 E. Delaware Ave  
 Newark, DE 19711  
 Phone: 302-369-1601 Fax: 302-369-1609

Dear Parents/Guardians:

The Newark School-Based Health Center (SBHC) is a partnership between ChristianaCare, Christina School District, and the Delaware Division of Public Health. This letter is an invitation to sign up your child, ages 12 and above in the SBHC.

Health care in the SBHC is provided by a multi-disciplinary team. An Advanced Practice Clinicians, a Licensed Clinical Social Worker/ Licensed Professional Counselor of Mental Health, and a Registered Dietitian provide care at your child's school.

**To sign up your child in the SBHC:**

- Up-to-date insurance information is needed if your child is insured. No co-pay, co-insurance or deductible will be charged to you and no one will be turned away based on ability to pay.
- Please review, fill out and sign the attached Consent Form.
- Fill out attached **Student Registration Form** and **Health History Form**
- Return completed enrollment/registration forms to the SBHC

**SBHC services offered:**

Counseling (individual, family, and group)	HIV testing
Health education/risk reduction	Reproductive Health Services (with parent permission)
Crisis intervention and suicide prevention	Physicals (sports, school, or pre-employment)
Nutrition/weight management	Health screenings
Pregnancy testing	Immunizations
Diagnosis and treatment of sexually transmitted infections (STDs)	Diagnosis and treatment of minor illnesses/injuries

Please know that your child's pediatrician or family doctor is still your child's main doctor. SBHC does not take the place of your child's pediatrician or family doctor, and SBHC doctors and Advanced Practice Clinicians will work with your child's main doctor to care for your child. The SBHC offers services that may round out the care provided by your main doctor. When appropriate, and with your permission, we will try to share medical information with your child's doctor to prevent any duplication of health care services, and to take the best care of your child. If your child does not have a doctor, we can help you find one.

**The SBHC staff thanks you for your time. Together with you and your child's main doctor, we will work towards keeping your child healthy and in school. Please encourage your child's pediatrician or family doctor to call the SBHC with questions. If you have questions or need more information, please call the Newark School-Based Health Center at (302) 369-1606.**





**SCHOOL-BASED HEALTH CENTER  
PARENT/STUDENT CONSENT FOR SERVICES  
Christina School District**

I, \_\_\_\_\_, give my consent for \_\_\_\_\_ / /  
 (Parent/Legal Guardian of Student) (Name of Student) (Date of birth)

who resides at: \_\_\_\_\_  
 \_\_\_\_\_  
 (Street address, city, state, zip code)

to receive health services at the \_\_\_\_\_ **Newark** \_\_\_\_\_ School-Based Health Center (SBHC) administered by **Christiana Care Health Services**.

**SERVICES PROVIDED BY THE SCHOOL-BASED HEALTH CENTER INCLUDE:**

- Comprehensive health assessments
- Immunizations
- Diagnosis and treatment of minor, acute and chronic medical conditions
- Nutrition counseling and education
- Referrals to and follow up for specialty care, oral and vision health services
- Mental health and substance use disorder assessments, crisis intervention, counseling, and treatment\*
- Referral to mental health and substance abuse services including emergency psychiatric care, community and support programs\*
- Diagnosis and treatment of sexually transmitted infections
- Pregnancy screening

**\*Please be aware:** In accordance with Delaware law, any minor age 14 or over may consent to voluntary outpatient mental health services and parental consent is not required.

**ELECTIVE SERVICES:**

If you do not wish for your child to have the following elective services, mark NO below. If you mark YES, your child will be able to get any of these elective services.

Your decision for elective services will not impact your student's ability to receive the services listed above.

Elective services include:

Birth Control Pills	Depo-Provera	Condoms	HIV Testing	NuvaRing
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**I wish for my child to receive elective services:**

Yes  No

**Contraceptive Implant (Nexplanon) – FEMALES ONLY**  
 Note: A brief procedure in the SBHC is required for placement and removal of the contraceptive implant (Nexplanon). Imaging (example: X-ray) or referral may be needed for complicated placement and removal.

**My child may receive Nexplanon:**

Yes  No

**THE SCHOOL-BASED HEALTH CENTER DOES NOT PROVIDE THE FOLLOWING SERVICES:**

- Treatment or testing of complex medical or psychiatric conditions
- Ongoing primary treatment of chronic medical conditions
- Complex lab tests
- Hospitalization
- X-Rays

**CONFIDENTIALITY:**

Some services offered by this School-Based Health Center are confidential by law. If you consent to your child receiving confidential services at the School-Based Health Center then, according to Delaware Law (Title 13 §710), you will not have access to information about these services unless your child gives the School-Based Health Center permission to share that information. This includes the following information:

- Pregnancy testing
- Diagnosis and treatment of sexually transmitted infections
- Reproductive health services including contraceptive implant – unless complications occur
- HIV testing



**I understand** that the Delaware Division of Public Health (“DPH”), a division of the Department of Health and Social Services, retains administrative authority over, and provides partial funding for, the School-Based Health Center. Designated School-Based Health Center team members are obligated by law to disclose specific patient information to DPH for the purpose of preventing or controlling disease, injury, surveillance, or disability in the united states including Delaware. The information to be disclosed is mandated and required by law to release to DPH includes: sexually transmitted disease, laboratory data, births, deaths, adverse medication reactions, child abuse or neglect, and domestic violence. Other general information will also be sent to DPH for statistical tracking, but this information is de-identified which means that my student’s name is removed.

I have had the opportunity to receive and review the Christiana Care Health Services’ Notice of Privacy Practices brochure.

**I understand** that insurance may be billed for covered services and the need to provide insurance information to the School-Based Health Center before services are provided.

**I understand** that the School-Based Health Center shall not charge co-pays or any other out-of-pocket fees for use of School-Based Health Center Services.

**I understand** I expressly give permission for Christiana Care and its business associates to use any telephone number provided by me or on my behalf, regardless of whether it is a cell phone number and/or whether I may be charged for the call or text. I agree that this telephone number may be used for healthcare and account matters (including collections), and include automatic telephone dialers and/or pre-recorded calls and/or text messages. I understand that my consent to use my telephone number is not required in order to receive health care services. This telephone consent applies to all past, present and future Christiana Care services until revoked.

## **TELEHEALTH**

**I understand** that “telehealth” is the mode of delivering health care services using digital communication technology to help evaluate, diagnose, consult, educate, monitor, and manage care and treatment without being in the same physical location as my provider.

**I understand** that a telehealth visit is not the same as an in-person visit because I will not be in the same room with my provider. I understand that I will not be treated through telehealth unless my condition supports the use of this technology as my provider will not be able to perform some aspects of a full physical examination.

**I understand** that digital communication technology may include, but not be limited to real time two-way audio, video, or other telecommunications or electronic communications, including remote patient monitoring, secure video conferencing, and/or secure texting with my care team.

**I understand** that there are benefits to utilizing telehealth services, which include, but are not limited to, convenient medical evaluation and management. I also understand that there are risks involved in receiving treatment through telehealth, which include, but are not limited to interruption in the audio/video connection that may result in the visit being postponed until a later time and/or performed through an alternate method, and, in rare cases, unauthorized access to my confidential information. In the event of a technical failure, I understand that I should immediately contact my provider’s office, or, if it is an emergency, dial 911.

**I understand** that laws protecting the confidentiality of my medical information also apply to telehealth and that ChristianaCare uses security protocols to help protect my privacy and ensure my confidential communications are sent only to the intended care team member(s).

**I understand** that ChristianaCare will not record the video or audio of my telehealth visit without my consent at the time of the recording.

**I consent** to have ChristianaCare obtain health information from me and provide health care services to me through telehealth communications when and where my provider or qualified member of my care team determines it is appropriate and necessary.

**I understand** that I may refuse or stop participation in telehealth services and request alternate services, such as an in-person visit, at any time.

**PLEASE SIGN CONSENT ON NEXT PAGE**

**I understand** that under certain circumstances with my permission and at my request, my student may be seen at a different School-Based Health Center within the School District for certain services.

**I understand** this consent may be revoked in writing at any time, except to the extent that action has been taken in reliance on this consent. Any requests for revocation must be in writing and sent to the School-Based Health Center associated with my student's care.

**I acknowledge** that all information requested on the registration Health History Form and this consent is accurate and complete. My student and I have read this form carefully and I understand that before I sign this authorization, if I have any questions I may call the School-Based Health Center Coordinator.

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By my signature below I certify that, as the parent or legal guardian of the student named above, I understand the School-Based Health Center consent for treatment.

\_\_\_\_\_  
Parent/Legal Guardian Signature      Print Name      Date      Time

\_\_\_\_\_  
Student Signature      Print Name      Date      Time



### Patient/Student Registration Form

**Student Information – (Please print in ink)** Grade: **6** **7** **8** **9** **10** **11** **12**

**Student's Last Name:** \_\_\_\_\_ **First:** \_\_\_\_\_ **Middle:** \_\_\_\_\_

**Identified Sex:**  Male  Female  Transgender Male  Transgender Female  Decline to Answer

**Address:** \_\_\_\_\_ **City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip Code:** \_\_\_\_\_ **Birthdate:** \_\_\_\_\_

**Race (mark all that apply):**  
 Caucasian/White  Black/African American  Asian/Native Hawaiian/Other Pacific Islander  
 American Indian/Alaskan Native  Undetermined  Other: \_\_\_\_\_

**Ethnicity (mark all that apply):**  
 Hispanic/Latino  Arabic  
 Non-hispanic/latino/arabic

**Primary Care Physician (Family Doctor)**  
**Name:** \_\_\_\_\_ **Phone Number:** \_\_\_\_\_  
 If you need assistance with finding a doctor please call SBHC.

**Student's Cell Phone#:** \_\_\_\_\_  
**Student's Email:** \_\_\_\_\_

**In case of an emergency contact:** \_\_\_\_\_  
**Relationship to patient:** \_\_\_\_\_  
**Phone #:** \_\_\_\_\_

**Is patient employed?**  
 Yes  No

### Parental/Legal Guardian Information

**Mother's Full Legal Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Home Phone#:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Cell Phone#:** \_\_\_\_\_

**Employer Name & Address:** \_\_\_\_\_ **Work Phone#:** \_\_\_\_\_

**Father's Full Legal Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Home Phone#:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Cell Phone#:** \_\_\_\_\_

**Employer Name & Address:** \_\_\_\_\_ **Work Phone#:** \_\_\_\_\_

**Legal Guardian Name (if not mother or father):** \_\_\_\_\_ **Relationship to Student:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Address:** \_\_\_\_\_ **Home Phone#:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_ **Cell Phone#:** \_\_\_\_\_

**Employer Name & Address:** \_\_\_\_\_ **Work Phone#:** \_\_\_\_\_

### ► Insurance Information (REQUIRED) – Send in a Copy Front and Back of Insurance Card

**Source of payment for care, please check one of the following:**  
 **No Insurance** (if you need assistance with obtaining insurance please call SBHC)  
 **Medicaid Provider:** \_\_\_\_\_  
**Medicaid Number:** \_\_\_\_\_  
 **Commercial Insurance:** \_\_\_\_\_  
**Policy Number:** \_\_\_\_\_  
**Subscriber Name:** \_\_\_\_\_  
**Relationship to Student:** \_\_\_\_\_  
**Subscriber Birthdate:** \_\_\_\_\_  
 **Delaware Healthy Children Program**

**Secondary Insurance Information:**  
 **Medicaid Provider:** \_\_\_\_\_  
**Medicaid Number:** \_\_\_\_\_  
 **Commercial Insurance:** \_\_\_\_\_  
**Policy Number:** \_\_\_\_\_  
**Subscriber Name:** \_\_\_\_\_  
**Relationship to Student:** \_\_\_\_\_  
**Subscriber Birthdate:** \_\_\_\_\_



**SCHOOL-BASED HEALTH CENTER  
HEALTH HISTORY FORM**  
*(Please print information with black/blue ink)*

A complete and accurate health history is needed in order for Center staff to provide high quality care. Please complete this form as much as possible. Please print all information.

Student's Name \_\_\_\_\_ (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (MI) \_\_\_\_\_  
DOB \_\_\_\_\_ Grade \_\_\_\_\_

Does your child have any allergies? (food, medication, latex)

Yes  No If yes, please list? \_\_\_\_\_

Please provide the following information about medicines your child is taking.

Name of medication	Reason taken	Start Date
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please check which of the following your **CHILD** has ever had:

- |   |  |  |  |
|---|--|--|--|
| <input type="checkbox"/> Acne/Skin Problems       | <input type="checkbox"/> Diabetes        | <input type="checkbox"/> Hepatitis                         | <input type="checkbox"/> Sickle Cell                 |
| <input type="checkbox"/> ADHD/learning disability | <input type="checkbox"/> Depression      | <input type="checkbox"/> High Blood Pressure               | <input type="checkbox"/> Sleeping Problems           |
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Fainting Spells | <input type="checkbox"/> High Cholesterol                  | <input type="checkbox"/> Sports Injury               |
| <input type="checkbox"/> Anxiety                  | <input type="checkbox"/> Frequent Colds  | <input type="checkbox"/> Kidney/Bladder Disease            | <input type="checkbox"/> Stomach/Intestinal Problems |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Headaches       | <input type="checkbox"/> Pregnancy/Child Birth/Miscarriage | <input type="checkbox"/> Suicide Attempts            |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Head Injury     | <input type="checkbox"/> Rheumatic Heart Disease           | <input type="checkbox"/> Suicidal Thoughts           |
| <input type="checkbox"/> Cancer                   | <input type="checkbox"/> Heart Disease   | <input type="checkbox"/> Scoliosis                         | <input type="checkbox"/> Substance Abuse             |
| <input type="checkbox"/> Chicken Pox              | <input type="checkbox"/> Heart Murmur    | <input type="checkbox"/> Seasonal Allergies                | <input type="checkbox"/> Thyroid Disease             |
| <input type="checkbox"/> Cystic Fibrosis          | <input type="checkbox"/> Hemophilia      | <input type="checkbox"/> Seizures                          | <input type="checkbox"/> Tuberculosis                |

If any of the above is checked, please give more detail. \_\_\_\_\_

Has your child ever been hospitalized?  No  Yes, reason for hospitalization: \_\_\_\_\_

When/where? \_\_\_\_\_

Has your child ever received counseling for emotional health?  No  Yes, reason for counseling: \_\_\_\_\_

When/where? \_\_\_\_\_

Please check any of the following illnesses that your **FAMILY MEMBERS** (parent, brother, sister, grandparent, aunt, uncle, etc.) have ever had and indicate which family member next to the illness.

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> ADHD/learning disability _____ | <input type="checkbox"/> Diabetes _____               | <input type="checkbox"/> Obesity _____           |
| <input type="checkbox"/> Alcoholism/Drug Abuse _____    | <input type="checkbox"/> Headaches _____              | <input type="checkbox"/> Seizures _____          |
| <input type="checkbox"/> Anemia _____                   | <input type="checkbox"/> Heart Disease _____          | <input type="checkbox"/> Sickle Cell _____       |
| <input type="checkbox"/> Arthritis _____                | <input type="checkbox"/> Hemophilia _____             | <input type="checkbox"/> Stroke _____            |
| <input type="checkbox"/> Asthma _____                   | <input type="checkbox"/> Hepatitis _____              | <input type="checkbox"/> Thyroid Disease _____   |
| <input type="checkbox"/> Birth defects _____            | <input type="checkbox"/> High Blood Pressure _____    | <input type="checkbox"/> Tuberculosis _____      |
| <input type="checkbox"/> Cancer _____                   | <input type="checkbox"/> High Cholesterol _____       | <input type="checkbox"/> Unexplained Death _____ |
| <input type="checkbox"/> Cystic Fibrosis _____          | <input type="checkbox"/> Kidney/Bladder Disease _____ | <input type="checkbox"/> Other _____             |
| <input type="checkbox"/> Deafness _____                 | <input type="checkbox"/> Mental Illness _____         |  |

**PARENTAL/GUARDIAN CONCERNS**

If you have any concerns please encourage your child to schedule a visit at the School-Based Health Center or you can feel free to call us to discuss your concerns.



Effective Date: September 23, 2013  
 Last Revised Date: September 27, 2021

Privacy Office  
 4000 Nexus Drive, Avenue North – Suite NW3-100,  
 Wilmington, DE 19803  
 Telephone No.: 302-623-4468, Fax No.: 302-428-2475

## HIPAA Notice of Privacy Practices (NPP): Please Review It Carefully!

<p>This Summary NPP or Notice is about Your Information, Your Rights, and Our Responsibilities. It describes how your information may be used and disclosed by ChristianaCare, and how you can get access to it. ChristianaCare takes our patients' privacy seriously. We know that your medical information is very personal. We do our best to protect the privacy of your medical information. We will only use and disclose the minimum necessary information for the intended purpose and as required by law. You can ask for a copy of our detailed NPP or access it on our website <a href="http://www.christianacare.org/privacy">www.christianacare.org/privacy</a>.</p>	
<p><b>Our Responsibilities</b></p>	<p>To serve you, we create and receive personal information about your health. This information is called Protected Health Information (PHI), and it comes from you, your physicians, hospitals, and other healthcare service providers involved in your care. For members of the ChristianaCare Health &amp; Welfare Benefits Plan (benefits plan), PHI may come from your employer, other insurers, Health Maintenance Organizations (HMOs) or third-party administrators (TPAs), as applicable. Your PHI can be in oral, written, or electronic format. We are required by law to:</p> <ul style="list-style-type: none"> <li>• maintain the privacy and security of your PHI.</li> <li>• enter into a Business Associate Agreement with third parties who participate in your treatment, payment, and our health care operations that requires the business associate to protect the privacy and security of PHI.</li> <li>• notify you promptly if we determine inappropriate use or disclosure of your PHI has occurred that compromises the privacy or security of your information.</li> <li>• use and disclose your information, as described in this Notice, unless you tell us we cannot in writing. If you change your mind at any time, you must tell us in writing.</li> <li>• follow the duties and privacy practices described in this Notice and give you a copy of it.</li> </ul>
<p><b>Who will follow this Notice?</b></p>	<ul style="list-style-type: none"> <li>• All ChristianaCare organizations, facilities, and medical practices</li> <li>• Any doctor, health care professional, or other person caring for you</li> <li>• All people who work for ChristianaCare</li> <li>• All ChristianaCare volunteers</li> <li>• Any business associate needing health information, so they can provide services for ChristianaCare</li> </ul>
<p><b>Your Information</b></p>	
<p><b>We may store the following information about you:</b></p>	<p>The information we may store includes, but is not limited to:</p> <ul style="list-style-type: none"> <li>• Clinical Data: Diagnoses/Conditions, Lab Results, Medications, Other Treatment Information</li> <li>• Demographic Data: Address/Zip Code, Date of Birth, Driver's License, Name, Social Security Number, Other Identifiers</li> <li>• Financial Data: Claims Information, Credit Card/Bank Account Number, Other Financial Information, Name, and Driver's License Information</li> </ul>
<p><b>Our Uses and Disclosures</b></p>	
<p><b>We may use and disclose your information for purposes of:</b></p>	<p>This section describes how we may use and give out medical information about you. Although this list does not contain every possibility, all of the ways that we are allowed to use and give out information without your permission will fall within one of the categories listed in this section. We may use and disclose your information for the following situations, including, but not limited to:</p> <ul style="list-style-type: none"> <li>• Helping to manage the health care treatment you receive</li> <li>• Coordinating your care among various health care providers</li> <li>• Collecting standardized assessment information to complete a Home Health Assessment on admission</li> <li>• Billing for your health services and managing our health care operations</li> <li>• Conducting research</li> </ul>

	<ul style="list-style-type: none"> <li>• Complying with the law or helping with public health and safety issues</li> <li>• Responding to organ and tissue donation requests, medical examiners, and funeral directors</li> <li>• Addressing workers' compensation, law enforcement, and other government requests</li> <li>• Responding to lawsuits and legal actions</li> <li>• Administering your health plan, as applicable for benefits plan members</li> <li>• Provisioning of services and programs for benefits plan members</li> <li>• Conducting marketing and fundraising activities</li> </ul>
<b>Your Choice</b>	
<b>You have some choices in the way that we use and share your information for purposes of:</b>	<p>You may choose how we use and share your information for the following situations, including, but not limited to:</p> <ul style="list-style-type: none"> <li>• Responding to treatment-related questions from your family and friends</li> <li>• During disaster relief</li> <li>• Communicating with you through mobile and digital technologies</li> <li>• Marketing our services and products</li> </ul>
<b>Your Rights</b>	
<b>Your rights include:</b>	<p>When it comes to your health information, you have certain rights. This section describes your rights and our responsibilities to help you. Your rights include, but are not limited to, the following:</p> <ul style="list-style-type: none"> <li>• Getting a copy of your health and claims records</li> <li>• Requesting correction of your health and claims records</li> <li>• Getting a list of those with whom we have shared your information</li> <li>• Asking us to limit the information we share</li> <li>• Requesting confidential communication</li> <li>• Requesting a copy of this privacy Notice</li> <li>• Filing a complaint if you believe your privacy rights have been violated</li> <li>• Choosing someone to act on your behalf</li> </ul>
<b>Special Situations</b>	
<p>We are allowed or required to share your information in other ways without your permission. The following uses and disclosures are considered special situations: for research purposes; for law enforcement purposes; to help avoid a serious threat to public health or safety; responding to public health authorities; for home health assessments; responding to organ and tissue donation requests; to coroners, medical examiners, and funeral directors; to the military; for workers' compensation; for health oversight activities; for lawsuits and disputes; to correctional institutions; for national security and intelligence activities; and additional restrictions on use and disclosure. For more information, see: <a href="http://www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html">www.hhs.gov/ocr/privacy/hipaa/understanding/consumers/index.html</a>.</p>	
<b>Health Information Exchange</b>	
<p>ChristianaCare participates in several Health Information Exchanges (HIEs) and Health Information Networks (HINs). The HIEs and HINs coordinate information sharing among their members for treatment, payment, and health care operations. Through these exchanges, ChristianaCare can share your health information with your other providers ensuring timely delivery of vital health information to your health care providers. We participate in the following HIEs: Delaware Health Information Network (DHIN); Chesapeake Regional Information System for our Patients (CRISP); Healthshare Exchange of Southeastern Pennsylvania Inc. (HSX); and CommonWell Health Alliance (CommonWell). Patients may opt-out of an electronic HIE on the HIE's website.</p>	

**Changes to this Notice.** We have the right to change this Notice. All changes to the Notice will apply to the information we already have about you, as well as any information we receive in the future. We will post a copy of the current Notice in the hospital and on our website [www.christianacare.org/privacy](http://www.christianacare.org/privacy). The effective date of the current Notice will be posted at the top of the Notice. If we make material changes to this Notice, we will provide you with the updated Notice at your next visit.

**How to contact us.** If you have any questions about this Notice, or if you need to make a request to the Privacy Officer, please contact us at ChristianaCare c/o Privacy Officer, 4000 Nexus Drive, Avenue North, Suite NW3-100, Wilmington, DE 19803, or 1-302-623-4468, or email us at [privacyoffice@ChristianaCare.org](mailto:privacyoffice@ChristianaCare.org). A detailed Notice of our Privacy Practices is available upon request.